

NON-TEST-BASED STRATEGY FOR RELEASING CASES AND CONTACTS FROM HOME ISOLATION AND QUARANTINE

Texas Department of State Health Services

Adapted from the Tennessee Department of Health

CASES

Must be isolated for a minimum of 7 days after symptom onset and can be released after afebrile (without the use of fever reducing medications) and feeling well for at least 72 hours.

Examples:

- A case that is well on day 2 and afebrile and feeling well for 72 hours must remain isolated until day 7.
- A case that is well on day 4 and afebrile and feeling well for 72 hours can be released on day 7.
- A case that is well on day 7 and afebrile and feeling well for 72 hours can be released on day 10.



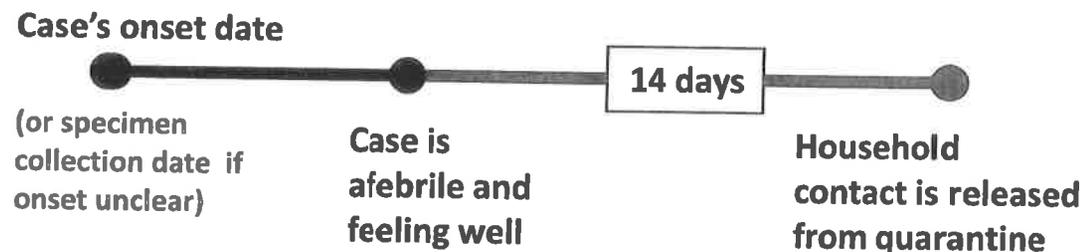
HOUSEHOLD CONTACTS

Must be quarantined for 14 days after the case has been afebrile (without the use of fever reducing medications) and feeling well.

This means that household contacts may need to remain at home longer than the initial case.

Examples:

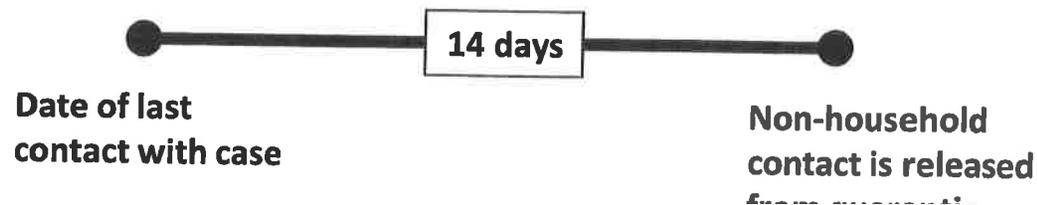
- A case is well 3 days after onset. The household contact must remain quarantined until day 17.
- A case is well 7 days after onset. The household contact can be released on day 21.
- A case is well 14 days after onset. The household contact can be released on day 28.



If a household contact develops symptoms, they should self-isolate and use follow instructions above for "cases."

NON-HOUSEHOLD CONTACTS

Must be quarantined for 14 days from the date of last contact with the case.



COVID-19

- SYMPTOMS

- cough, fever, shortness of breath, GI, sore throat, headache
- loss of taste*, loss of smell*
- residual cough

- CASE

- Must be quarantined 14 days and be symptom free (to exclude residual cough) for at least three consecutive days at the end of period.

- 2 NEGATIVE TESTS taken at 24 HOURS or greater

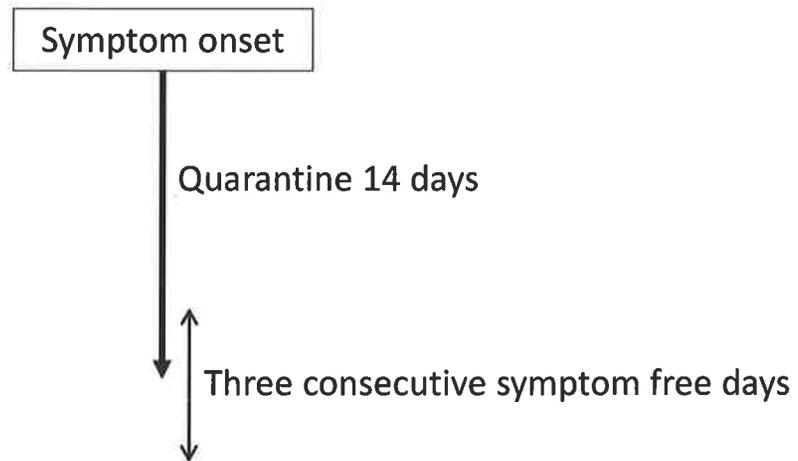
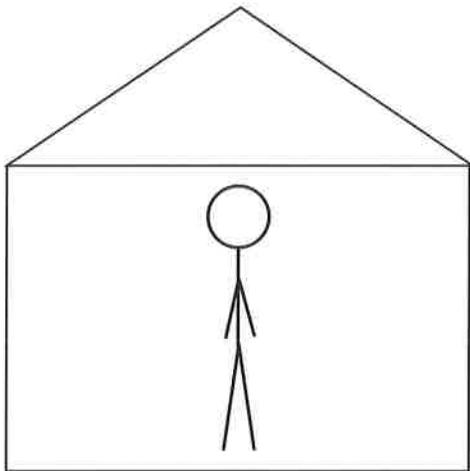
- Healthcare or congregate workers in quarantined household can return to work after:
 - 14 days have passed from the resolution of most recent household case's quarantine
 - Residual symptoms person may have is loss of taste, loss of smell, and/or residual cough

- NON HOUSEHOLD CONTACT

- Quarantine to last 14 days from last exposure, even if no symptoms are present

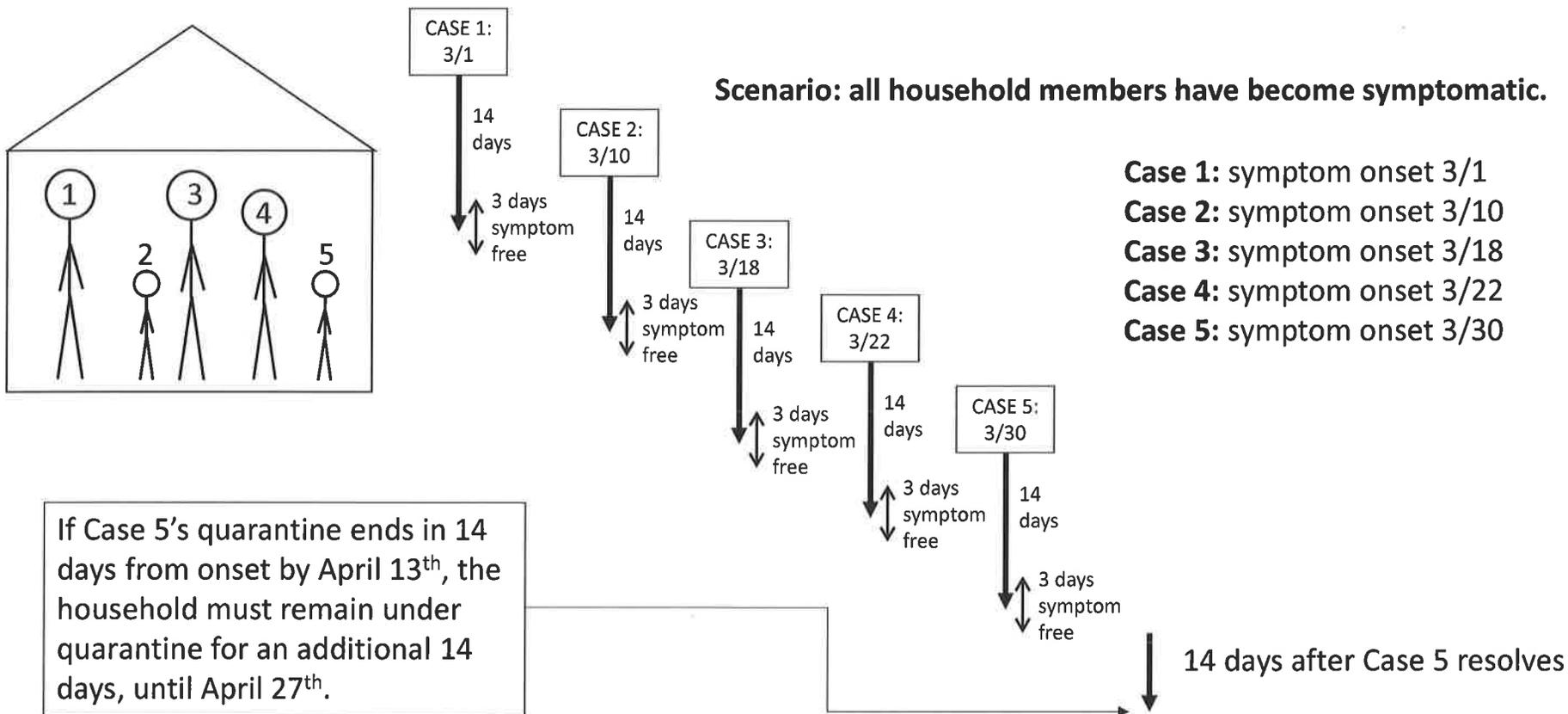
Single Entity Household

Quarantine: 14 days. Must be symptom free (to exclude residual cough) for at least three consecutive days at the end of period.



Multiple Entity Household

Quarantine: 14 days after the conclusion of the most recent case's quarantine.



Two negative tests at least 24 hours or more after last household case quarantine is over

Household:

Healthcare or congregate workers may take two tests at least 24 hours or more after the completion of the last person's quarantine in order to return to work before the final 14 day quarantine is completed.

Example: This means that any of the household cases may start the negative test process at least 24 hours after Case 5's 14 day quarantine with the three consecutive symptom free days at the end of the period is up.

